

Schedule

2018

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:45 to 6	OFF	ADVANCED OPTIMIST TEAM	420 HS	29ER	RACE DAY FOR ALL (OA-420-420HS- 29ER)		
9 TO 10						PHYSICAL TRAINING	PHYSICAL TRAINING
10 to 1							420 HS
10 to 4						ADVANCED OPTIMIST TEAM	
1 to 4							29ER
9 TO 10	WILL HAVE PHYSICAL TRAINING EVERY SATURDAY AND SUNDAY FOR ALL THE SAILORS. THEY WILL NEED TO CONFIRM NO LATER THAN THURSDAY 10PM. MINIMUM 6 SAILORS TO MAKE IT HAPPEN AND FRIDAY THEY WILL KNOW IF WE HAVE IT OR NOT.					ALL (OA-420-420HS- 29ER)	