



St. Croix Yacht Club Commodore's Cup

Teague Bay, St. Croix US Virgin Islands
January 21, 2024
Organizing Authority: St. Croix Yacht Club

Sailing Instructions

1 RULES The Regatta will be governed by:

- 1.1 The racing rules as defined in the Racing Rules of Sailing (RRS),
- 1.2 The relevant one-design class rules for boats racing in one-design classes,
- 1.3 Personal Flotation Devices (PFD's) shall always be worn by competitors while on the water except for brief periods while adjusting personal gear.

2 CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on Sunday.

3 COMMUNICATIONS WITH COMPETITORS

Notice to competitors will be posted on the official noticeboard located at the west end of the clubhouse, facing the T-dock.

4 SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole on the east lawn. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after the AP is lowered.

5 SCHEDULE OF RACES

Sunday January 21, 2024

0800 – 0900	Boat Setup and Check-in	SCYC
0900	Competitors' Meeting	
1000	Warning Signal for first race	

1200 – 1300	Lunch for Dinghy Sailors
1330	Warning Signal for afternoon start
1600	No warning signals will be given after this time.

**Awards will be given shortly after the Race Committee (RC) has returned to shore.

6 CLASS FLAGS

420 (spinnaker, no trapeze)	420 Class Flag
Sunfish	Sunfish Class Flag
Optimist Green	Green Optimist Class Flag
Optimist Advanced	Optimist Class Flag

7 RACING AREA

The racing area will be Teague Bay and the waters north of St Croix.

8 COURSES

Attachment A shows the courses, course designations and marks for 420's and Sunfish. Attachment B shows the courses, course designation and marks for Green Optimist, and Advanced Optimist Fleets.

9 MARKS

All marks will be orange, yellow, or white balls or buoys or NPS marks.

10 THE START

10.1 The starting line for 420s and Sunfish will be between an orange flag on the RC signal boat and a nearby mark.

10.2 The starting line for Optimists will be between an orange flag on the RC signal boat and a nearby mark.

10.3 The starting sequence will be a 3-minute sequence conforming to RRS Appendix U.

11 THE FINISH

11.1 The finish line for 420's and Sunfish will be between a blue flag on the RC Signal boat and a nearby mark.

11.2 The finish line for Optimists will be between an orange flag on the RC Signal boat and a nearby mark.

11.3 The start and finish lines are closed except when starting and finishing.

12 PENALTY SYSTEM

For all sailors, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by a One-Turn penalty.

13 TIME LIMITS

13.1 A boat starting more than 5 minutes after their starting signal will be scored DNS without a hearing. This changes RRS A4.

13.2 A race may be abandoned by the race committee if the leading boat has not rounded the first mark within 5 minutes of starting, or the time for the first boat to finish exceeds 20 minutes from the start. This modifies Rule 32.

13.3 Boats failing to finish within 10 minutes after the first boat in their fleet finishes will be scored one (1) point more than the number of finishing boats and will be scored TLE. This changes rules 35, a4.1, A4.2, A5 and A1.

14 HEARING REQUESTS

14.1 A boat intending to protest shall inform the RC signal boat, on the finish side of the signal boat as soon as they finish.

14.2 Protests shall be delivered to the Protest Secretary at the clubhouse east room no later than 30 minutes after the signal boat has docked.

14.3 Protests will be heard on the east patio as soon as possible.

15 SCORING

15.1 The Low Point Scoring System, Appendix A, will apply.

15.2 One Race constitutes a series.

15.3 One score will be excluded for every 6 races completed.

15.4 The top three in each class will receive awards.

16 SAFETY

17.1 All sailors are to check-in with the Race Committee each time they sail from shore to the Course.

17.2 Any sailor that retires from racing is to try and contact the Race Committee or if that is not possible, once ashore is to contact the SCYC manager to inform the Race Committee that the sailor is ashore.

17 RISK STATEMENT AND DISCLAIMER OF RESPONSIBILITIES

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia, or other causes.

ATTACHMENT A

Courses -

1: Start - W - L - Finish

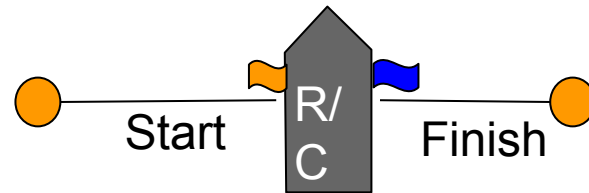
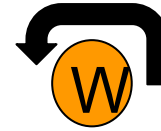
2: Start- W - L - W - L -Finish

3: Start - W - R - L - Finish

4: Start - W - L -W - Finish

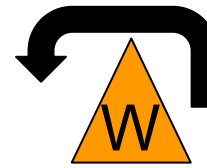
*All Roundings to Port

*Start/Finish Closed



ATTACHMENT B

Optimist courses



Buoy Courses

1: Start - W - L - Finish

2: Start - W - L - W - L - Finish

3: Start - W - R - L - Finish

*All Roundings to Port

*Start/Finish line is closed

