



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING PROGRAM

Optimist, Sunfish and 420 classes taught by U.S. Sailing Certified Instructors, will be held at St. Croix Yacht Club for youth ages 8 to 18. Sea Squirt classes will be held for youth ages 5 to 7.

**Non-members are welcome, scholarships are available.** Registrations will be accepted on a first come, first served basis. Appropriate deposit must accompany application for each session being reserved. Spaces are limited. Sign up as soon as possible.

### **Student requirements are:**

- Able to swim 50 yards and pass a swim test. Sea Squirts Swim- 20 yards while wearing a PFD.
- Provide a U.S. Coast Guard approved Type III Personal Flotation Device (PFD) with a plastic whistle attached.
- Sailing gloves and sunglasses are recommended for all courses
- Closed toe shoes are mandatory for all courses
- This program is a graduated program. We recommend that each sailor go through *the designed progression of the program*, for each class of boat. Every child is different and our instructors will assess your child's skill and comfort with the level at which he/she is sailing. Instructors may recommend that some students may need to repeat one of the classes if they have not successfully mastered each skill required in that class.

Our program strives to create a fun and safe environment where kids can learn and come to love the sport of sailing. We emphasize the importance of teamwork, respect, and safety in daily lessons. Our number one goal is to pass on our passion for the sport to the next generation of St. Croix Sailors.



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING PROGRAM

### Class Descriptions

**Optimist**      **Class meets: 9am-3pm**      **Course fee: \$395 members / \$475 non-members**  
**Ages: 8-15**      **Boat: Optimist**      **Prerequisite: none**

The Optimist is the largest sailboat class in the world. This is the sailboat that nearly all of the greatest sailors in the world learn to sail. It is an 8ft boat sailed by just one person. You learn all the basics of sailing; tying knots, sail trim, steering, bailing water out of the boat, rigging, derigging, teamwork, safety etc. The Course introduces the student to the sport of sailing, starting from the very basics.

**Sunfish**      **Class meets: 9am-3pm**      **Course fee: \$395 members / \$475 non-members**  
**Ages: 9-18**      **Boat: Sunfish**      **Prerequisite: Completion of Optimist**

Attractive to novice and experienced sailors alike, this self bailing boat natural progression from the Optimist Pram. In the **Sunfish** course, sailors will learn the ins and outs of how to rig the Sunfish. A review of points of sail and steering will expand our young sailors' knowledge beyond the Optimist and into the world of bigger boats. With a larger sail area, and a boat conducive to 2, participants will be exposed to the positions of Captain and Crew. In the **Sunfish Intermediate** course, sailors will build on their racing knowledge and continue to work on executing, starts and understanding the race course strategy. After completing this course, SCYC has seen its sailors go as far as youth Olympics! From **Sunfish Introduction**, sailors advance to Sunfish Intermediate or Club 420. From **Sunfish Intermediate** sailors may move into the Club 420.

**Club 420**      **Class meets: 9am-3pm**      **Course fee: \$395 members / \$475 non-members**  
**Ages: 11-18**      **Boat: Club 420**      **Prerequisite: Completion of Sunfish**  
**Weight: 90lbs+ Height:4'10"+**

The standard in High School and Collegiate Racing, this 2-person boat is used as a high level racing boat with trapeze and spinnaker. The SCYC **Club 420 Introduction** course will focus on transitioning sailors into a faster, more technical sailing vessel. Focus on rigging, and boat-handling will dominate most of the 2 week introduction course. Sailors will have the opportunity to try out the position of "Skipper" and "Crew" and develop a comfort for both. Spinnaker will be introduced based on class skill level, and weather conditions. Completion of this course allows for sailors to join the High School Sailing Team upon entering 8<sup>th</sup> grade.

**Club 420 Racing-** **Class meets: 9am-3pm**      **Course fee: \$395 members / \$475 non-members**  
**Ages: 11-18**      **Boat: Club 420**      **Prerequisite: Completion of Club 420**  
**Weight: 90lbs+ Height:4'10"+**

Clubs 420 Racing session will focus on the finer points of boat-handling, race strategy, starts, and the use of the trapeze and spinnaker. This racing session is perfect for the new high school sailor who wants to further develop their 420 skills, or experienced racers just looking for more water time. Summer offers the opportunity for High School sailors to gain more experience in "Trap & Chute" and possibly travel to state-side junior sailing events. During our 2 weeks, we will continue to develop racing experience, and

team building. An emphasis on competitive development will be the base for each lesson. Regatta attendance in the fall and spring will be encouraged.

**Sea Squirts Class meets: 9am-3pm Course fee: \$395 members / \$475 non-members**

**Ages: 5-7**

**Boat: Variety**

**Prerequisite: none**

The Sea Squirt program is designed to introduce young sailors to fun and safety in, around and on the water. The goal of this course is to build young sailor's love for sailing in a controlled and safe environment. The class is designed to work with the children at the level that they are comfortable with. Activities build confidence and include sailing, knot tying, nautical terminology, crafts, songs, water activities and "messing about in boats". We emphasize the importance of teamwork, respect, and safety in daily lessons. Our number one goal is to pass on our passion for the sport to the next generation of St. Croix Sailors.

- **SCYC Staff are not responsible for children outside of the 9AM to 3PM Program time. Children must be pick up by parent or designated adult at the end of class time each day.**
- **Extended Day Care may be available depending on interest and staffing availability.**
- **St Croix Yacht Club restaurant, bar,(beach chairs) and facilities are for SCYC Member use only - Please inquire about Membership, applications available in the SCYC Office or from any Board Member.**



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING PROGRAM

### SCHEDULE

#### **SESSION 1: June 5 – June 16, 2017**

Optimist	All Levels	9:00am-3:00pm
Sunfish/420	All Levels	9:00am-3:00pm
Sea Squirts	Age 5-7	9:00am-3:00pm

#### **SESSION 2: June 19- June 30, 2017**

Optimist	All Levels	9:00am-3:00pm
Sunfish/420	All Levels	9:00am-3:00pm
Sea Squirts	Age 5-7	9:00am-3:00pm

#### **SESSION 3: July 3 – July 14, 2017**

Optimist	All Levels	9:00am-3:00pm
Sunfish/420	Intermediate	9:00am-3:00pm
Sea Squirts	Age 5-7	9:00am-3:00pm

#### **SESSION 4: July 17 – July 28, 2017**

Optimist	All Levels	9:00am-3:00pm
Sunfish/420	Intermediate	9:00am-3:00pm
Sea Squirts	Age 5-7	9:00am-3:00pm

#### **SESSION 5: July 31 – August 11, 2017 - pending level of interest**

Optimist	All Levels	9:00am-3:00pm
Sunfish/420	Intermediate	9:00am-3:00pm
Sea Squirts	Age 5-7	9:00am-3:00pm



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING REGISTRATION

- To hold a place in a class, we require a **non-refundable registration fee of \$125.00 for each class registered.**
- Payment for each session must be submitted in full prior to the start of that session.
- **A refundable \$100.00 damage deposit must be submitted as a separate check.**

### SESSION 1: June 5 – June 16, 2017

(9am – 3pm) \$395.00 members/ \$475 non-members

*(Please Check One)*

- Optimist  
 Sunfish/420  
 Sea squirt

### SESSION 2: June 19 - June 30 , 2017

(9am – 3pm) \$395.00 members/ \$475 non-members

*(Please Check One)*

- Optimist  
 Sunfish/420  
 Sea squirt

### SESSION 3: July 3 - July 14, 2017

(9am – 3pm) \$395.00 members/ \$475 non-members

*(Please Check One)*

- Optimist  
 Sunfish/420  
 Sea squirt

### Session 4: July 17- July 28, 2017

(9am – 3pm) \$395.00 members/ \$475 non-members

*(Please Check One)*

- Optimist  
 Sunfish/420  
 Sea squirt

### Session 5: July 31- Aug 11, 2017

(9am – 3pm) \$395.00 members/ \$475 non-members

*(Please Check One)*

- Optimist  
 Sunfish/420  
 Sea squirt



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING WORKSHEET

Sailors Name: \_\_\_\_\_

Summer Sailing Registration Fee Totals:

- Session 1: Full Day: \$395/\$475 \_\_\_\_\_
- Session 2: Full Day: \$395/\$475 \_\_\_\_\_
- Session 3: Full Day: \$395/\$475 \_\_\_\_\_
- Session 4: Full Day: \$395/\$475 \_\_\_\_\_
- Session 5: Full Day: \$395/\$475 \_\_\_\_\_
- TOTAL DUE** \_\_\_\_\_

Paid by Check # \_\_\_\_\_ Date: \_\_\_\_\_

Paid with Credit Card : \_\_\_\_\_ ( last 4 digits)

**Refundable Damage Deposit of \$100.00** will be returned or rolled over to your child's next class, provided no damage was caused to the equipment. Please submit as a **separate check**.

Paid in Full: \$100.00                      Date \_\_\_\_\_                      Ck # \_\_\_\_\_



**ST. CROIX YACHT CLUB**  
**2017 SUMMER SAILING PROGRAM**

**REGISTRATION FORM**

-----  
CHILD'S NAME

-----  
CHILD'S AGE

-----  
PARENT'S NAME

-----  
CHILD'S DATE OF BIRTH

-----  
PHONE NUMBER (HOME)

-----  
PHONE NUMBER (WORK)

-----  
EMERGENCY PHONE NUMBER

-----  
EMAIL ADDRESS

-----  
COMPLETE MAILING ADDRESS

-----  
CHILD'S SAILING EXPERIENCE: (please list last level and boat class completed)

Is your child currently under a Doctor's care? If yes, please explain:

-----

Is your child currently taking medication? If yes, please explain:

-----

-----  
CHILD'S DOCTOR'S NAME

-----  
TELEPHONE NUMBER

-----

PARENTAL AUTHORIZATION (Signature) \_\_\_\_\_

Please make checks payable to:

**ST. CROIX YACHT CLUB**  
**5100 TEAGUE BAY, CHRISTIANSTED, VI 00820**



# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING PROGRAM

### CODE OF CONDUCT

**PARENTS: please read and discuss with your child!**

The primary mission of this program is to teach youth to sail, race, and develop a lifelong love for the sport. We are committed to making sure that all youth are noticed, cared for and respected. For youth, having fun and feeling safe go hand in hand. Youth feel safe when they know that they will be treated fairly and decently and respected by their peers and their instructors.

***Please review, discuss, and sign our Code of Conduct with your child.***

1. We will treat each other fairly.
2. We will help students and instructors when they ask for help.
3. We will try to solve disagreements by talking it over ourselves. If we can't we will ask the instructors to help.
4. We will take care of the program boats, supplies, and physical property.
5. We will sail carefully and safely at all times.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Guardian \_\_\_\_\_ Date \_\_\_\_\_





# ST. CROIX YACHT CLUB

## 2017 SUMMER SAILING PROGRAM

### DAMAGE DEPOSIT AGREEMENT

I, \_\_\_\_\_, participating in the Junior Sailing Program sponsored by the St. Croix Yacht Club, during the year 2016, agree to make a deposit of \$100.00 toward any and all damages that I may cause to St. Croix Yacht Club property. It is understood that any normal wear and tear of the boats and property is excluded from this agreement.

The St. Croix Yacht Club Junior Sailing Program agrees to return the damage deposit of \$100.00 after the sailing class is completed, if no damages are caused by the above named sailor.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Guardian \_\_\_\_\_ Date \_\_\_\_\_



**ST. CROIX YACHT CLUB**  
**2017 SUMMER SAILING PROGRAM**

**WAIVER, RELEASE, & INDEMNITY AGREEMENT**

The undersigned assumes all risk of accident, and agrees that neither the organizing authorities, members, officers, boards of directors, employees or representatives shall be liable, under any circumstances, nor bear any responsibility for any loss of life or injury to persons which may occur, however caused, before, during or after the camp session. The Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring as a result of engaging in, receiving instructions in said activities, for whatever period said activities or instructions may continue. The St. Croix Yacht Club or any of its officers, agents, servants or employees for any said causes of action, whether or not due in whole or any part to any act, omission or negligence of the St. Croix Yacht Club or any representatives or employee or by any other person, notwithstanding and regardless of the Virgin Islands Comparative Negligence Statute, Title 5, V.I.C. 81451.

The Undersigned acknowledges that he/she has read the foregoing paragraph, and has been fully and completely advised of the potential danger incidental to engaging in the activity and instructing of the St. Croix Yacht Club Junior Sailing Program, and is fully aware of the legal consequences of signing the within instrument.

Signature of Student \_\_\_\_\_ Date \_\_\_\_\_

Signature of Guardian \_\_\_\_\_ Date \_\_\_\_\_